Bloodborne Pathogen Exposure Procedure

Residents, Fellows and other University Employees Exposed to Blood Borne Pathogens:

As a paid University employee, this is a Workers Compensation Claim and Minnesota State Law allows you to choose any provider for initial treatment and follow-up care, including Boynton Health.

The University of Minnesota has a contract with HealthPartners for occupational healthcare services including BBPE. HealthPartners can be reached at 952-883-6999 from 8 a.m. to 5p.m. or after hours at 612-339-3363.

Steps for University of Minnesota Employees/Students/Residents/Fellows Exposed to Bloodborne Pathogens

1. For puncture wounds, lacerations and/or any breaks in skin wash the exposed area for 15 minutes with soap and water.

2. Flush eyes, nose, mouth (mucous membranes) with water for 15 minutes, preferably at the nearest eye wash station or with sterile irrigate if splash exposure. If splash occurs on skin that is fully intact (no breaks), no exposure occurred.

3. Notify your preceptor/supervisor/manager immediately. Your preceptor/supervisor/manager will assess the immediate medical situation and direct you to seek formal medical evaluation. This should occur within 2 hours following the exposure.

4. Identify source patient (SP) and verbally obtain consent for testing. If agreeable, source patient should attempt to seek medical evaluation with exposed individual.

5. Call Boynton Health at 612-625-7900.
   a. During Boynton business hours you will be connected to the Boynton Medical Information Nurse (MIN), who will obtain intake information and discuss follow-up care.
   b. During after hours, exposed individuals should seek treatment at the nearest Urgent Care or Emergency Department. **Ensure you have the following labs drawn: HIV 1/2, Hepatitis B surface antibody, Hepatitis B Core antibody, Hepatitis B surface antigen, and Hepatitis C antibody.** Exposed individuals will still need to reach out to Boynton for follow-up if seeking treatment outside of Boynton Urgent Care hours.
      i. If you do not seek initial medical treatment at Boynton, ensure that you complete and sign a Release of Information (ROI) form (specifying Boynton as recipient) at the facility where you received initial medical treatment.
ii. Your preceptor/supervisor should discuss follow-up care with the SP, and ensure the SP has signed a consent form for lab studies and a Release of Information form at the facility where the exposure occurred so that Boynton may get lab results for exposure case management.

iii. Have your labs and the SP lab results faxed to Boynton BBPE Case Management Team at 612-626-9768.

6. Notify the contact at your school or college as soon as possible after your immediate health needs are addressed.

7. Complete one of the following Office of Risk Management (RM) forms to report your BBPE depending on your University Status (either a or b).

   a. **Students NOT on the University payroll need to:**
      
      i. Complete a ‘Bodily Injury/Property Damage Incident Report’, which is located on the Office of Risk Management and Insurance (RM) website at [z.umn.edulrisk](z.umn.edulrisk).
      
      ii. On the RM website homepage, scroll down to Reporting Claims and Events. Click on the + and navigate to the “Accidents,” section and select the “All Other (general liability): Bodily Injury/Property Damage Incident Report” (Form UM 1707).
      
      iii. Open, complete and print online form, OR print physical form and complete.

      iv. Email or Fax the completed form to the Office of Risk Management at:
          • Email: ORM@umn.edu
          • Fax: 612-625-7384

   b. **Staff/Paid Students/Residents/Fellows need to:** (supervisors should complete this section)
      
      i. Complete a ‘First Report of Injury’ located on the Office of Risk Management and Insurance (RM) website: [z.umn.edulrisk](z.umn.edulrisk)
      
      ii. On the RM website homepage, scroll down to Reporting Claims and Events. Click on the + and navigate to the “Injuries to University Employees (Workers Compensation – eFROI),” Section. Select “First Report of Injury Form (online, preferred version)”. Select “Start a new first report of injury”.
      
      iii. Complete and submit form.

      iv. For Prescriptions you may need related to your injury, click on “Prescription Drug Program Information & ID Card “ located in the same section as the First Report of Injury on the RM homepage.

If you have any questions, feel free to contact the Office of Risk Management and Finance (612-624-5884).

Medical Residents and Fellows may also contact the GME contact (612-626-0631) or visit the GME website: z.umn.edu/gmeworkerscomp for further information.

**Ongoing follow-up Information for the Exposed Person (EP)**
• Your care will be coordinated by the BBPE Case Management Team at Boynton and can be reached at 612-625-6219 with any questions or concerns.

• A BBPE Case Manager will call you with as soon as they are received.

• A BBPE Case Manager will contact you within three business days to report both you and your SP's lab results and will provide instructions regarding any necessary follow up.

• If the SP is unknown or has any positive lab results you may need to do follow-up lab studies at the 2 week, 6 week, 3 month, and 6 month intervals.