Steps for Employees/Students/Residents/Fellows Exposed to Bloodborne Pathogens

1. Wash the exposed area for 15 minutes with soap and water (Needlestick/Laceration/Cut).
2. Flush eyes, nose, mouth (mucous membranes) or skin, with water for 15 minutes, preferably at the nearest eye wash station or with sterile irrigant, if splash exposure. If splash occurs on skin that is fully intact (no breaks), no exposure occurred.
3. Notify your preceptor/supervisor/manager immediately. Your preceptor/supervisor/manager will assess the immediate medical situation and direct you to seek formal medical evaluation. This should occur within 2 hours following the exposure.
4. Identify source patient (SP) and verbally obtain consent for testing. If agreeable, source patient should attempt to seek medical evaluation with exposed individual.  
   5. Call Boynton Health at 612-625-7900.
      a. During Boynton business hours you will be connected to the Boynton Medical Information Nurse (MIN), who will obtain intake information and will contact the BBPE Case Management Team.
      b. During after hours, exposed individuals should seek treatment at the nearest Urgent Care or Emergency Department. **Ensure you have the following labs drawn: HIV 1/2, Hepatitis B surface antibody, and Hepatitis C antibody.** Exposed individuals will still need to reach out to Boynton for follow-up, if seeking treatment outside of Boynton clinic hours.
         i. If you do not seek initial medical treatment at Boynton, ensure that you complete and sign a Release of Information (ROI) form (specifying Boynton as recipient) at the facility where you received initial medical treatment.
         Your preceptor/supervisor should ensure that the SP has completed and signed a consent form for lab studies and a Release of Information form at the facility where the exposure occurred so that Boynton may get lab results for Case Management. Have your labs and the SP lab results faxed to Boynton BBPE Case Management Team at 612-626-9768.
      c. The MIN will ask for the information in the form below and instruct you on the next steps including if and where to seek care within the next two hours.
      d. Boynton’s BBPE Case Management Team will manage your care and answer any questions about payment of your bills for care outside of Boynton.

6. Notify the contact at your school or college as soon as possible after your immediate health needs are addressed.

Residents, Fellows and other University Employees Exposed to Blood Borne Pathogens:

The University of Minnesota has a contract with HealthPartners for occupational healthcare services. HealthPartners can be reached at 952-883-6999 from 8 a.m. to 5 p.m. or after hours at 612-339-3363.

As a paid University employee, this is a Workers Compensation Claim and Minnesota State Law allows you to choose any provider for initial treatment and follow-up care,
including Boynton Health.

**Follow-up Information for the Exposed Person (EP)**

- Your care will be coordinated by the BBPE Case Management Team at Boynton and can be reached at 612.625.6219 with any questions or concerns.
- A BBPE Case Manager will call you with the SP’s lab results as soon as they are received.
- A BBPE Case Manager will contact you within three business days to report your lab results and will provide instructions regarding any necessary follow up.
- If the SP has any positive lab results, or if the SP is unknown, you may need to do follow-up lab studies at the 2 week, 6 week, 3 month, and 6 month intervals.

- **Students/workers that are NOT ON** the University payroll and/or are injury during clinical labs, will be directed to complete a Bodily Injury/Property Damage Incident Report:
  - Complete a Bodily Injury/Property Damage Incident Report, which is located on the Office of Risk Management (ORM) website:
    - z.umn.edu/risk
    - On ORM website homepage, scroll down to "Accidents" section and select the "All Other (general liability): Bodily Injury/Property Damage Incident Report (Form UM 1707).
    - Open, complete, and print online form OR print form and complete,
    - Email or Fax the completed form to the Office of Risk Management
      Email: ORM@umn.edu
      Fax: 612.625.7384

- **Staff/Paid Students/Residents/Fellows need to:**
  - Complete a First Report of Injury on the Office of Risk Management's website:
    - z.umn.edu/risk
    - On the ORM website homepage, scroll down to the "Injuries to University Employees (Workers' Compensation - eFROI) section.
      Select "First Report of Injury Form (online, preferred version)"
      Select "Start a new first report of injury"
    - Complete all required information and submit
    - For prescriptions you may need related to your injury, click on "Prescription Drug Program Information & ID Card" located in the same section as the First Report of Injury on the ORM homepage.

If you have any questions, feel free to contact the Office of Risk Management at 612.624.6019.

Medical Residents and Fellows may also contact GME at 612.626.0631 or visit their website at: z.umn.edu/gmeworkercomp for further information.
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