



PEANUT BUTTER GRANOLA APPLE WRAP

Breakfast on the go is easier than ever with this protein-packed pick-me-up. Add variation with different flavors of granola or a mix of apples.

2 tablespoons peanut butter

1 whole wheat tortilla

1/3 cup granola

- 1. Spread** peanut butter on a whole wheat tortilla.
- 2. Cut** up an apple into cubes and place pieces on tortilla.
- 3. Sprinkle** a handful of granola on it then wrap up the tortilla.
- 4. Take** on the go!



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