2 tablespoons peanut butter
1 whole wheat tortilla
1/3 cup granola

PEANUT BUTTER GRANOLA APPLE WRAP

Breakfast on the go is easier than ever with this protein-packed pick-me-up. Add variation with different flavors of granola or a mix of apples.

1. Spread peanut butter on a whole wheat tortilla.
2. Cut up an apple into cubes and place pieces on tortilla.
3. Sprinkle a handful of granola on it then wrap up the tortilla.
4. Take on the go!

Hungry for more?
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