

## Student Health Advisory Committee

03/02/17

SHAC Members Present: Abdi Hassan, Aisha Hassan, Eli Fleck, Emma Elmquist, Leslie Kent, Maddie Phelps, Michelle Rosas, Mo Oyenuga, Nicholas Goldsmith, Tolu Odeunmi.

Boynton Staff Present: Carl Anderson, Tom Bilder, Gary Christenson, Dave Golden, Ben Hickman, Anne Hodgson, Sue Jackson, Julie Sanem.

Guests: Emily O'Connell & Liz Babkin from Active Minds

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1. Welcome and Introductions – (Mo)
2. Review of Minutes from 3.2.17 (Mo)
  - No changes.
3. The Bandana Project (Emily & Liz)
  - Project started by University of Wisconsin- Madison that had a lot of success and have distributed about 30,000 bandanas. Success is referring to the number of bandanas handed out and the number of resource cards that are distributed.
  - A green bandana is a silent form of support on campus. Every student who has a bandana on campus would carry cards with resources on mental health services on campus and off campus (predominantly on campus). Includes a script for people to use to ask for help whether speaking to 911 or UMPD.
  - Active Minds is looking for feedback from SHAC and support if there are any groups that want to partner with them.
  - Advertising of the initiative will include a facebook page, eboards inside residence halls, tabling in the residence halls. Also use their partnership with NAMI on campus who work more with graduate programs. Talk to student groups and poster on campus.
  - Goal is to start with distribution of 200 bandanas
  - Evaluation would help to determine the benefits of the project and how it could be improved. Julie recommends that an encounter form would help to capture the information at the time of the situation so details aren't forgotten.
4. SAVE (Suicide Awareness Voices of Education)
  - Boynton has been contacted by this group who have funds available that they are looking to spend for suicide prevention training.
  - They would provide speakers and food, we would just need to provide space.
  - Nicholas suggests something on the St. Paul campus.
  - MSA is currently discussing taking this on and will likely be the main point of contact/organizers.
5. Student Service Fee Request
  - Boynton's presentation went well and the committee had no significant concerns.
6. MSA Fall Break Proposal
  - Being presented to SCEP on March 8th.
  - October is the only month of fall semester where there are no days off.
  - MSA is looking for any feedback or support from SHAC.
  - Dave suggests that the University not be closed so that resources like Boynton would still be available.
  - Change would impact Twin Cities and Rochester who are on the same calendar.
7. Canceling next SHAC meeting on March 16th since it falls on spring break. Reschedule to March 23rd.
8. Boynton's Mental Health Strategic Plan
  - The group seems open to seeing this presentation. We will look to see if we can schedule it.
9. St. Paul Pharmacy Changes
  - We are no longer able to deliver prescriptions to the St. Paul campus due to state regulation changes.
  - To alleviate the trouble this may cause some people we are talking with Fairview about an agreement as well as keeping the east bank pharmacy open until 5:15 to give people a little more time to take the campus connector.
  - This impacts those students on the Student Health Benefit Plan the most as they are required to use the Boynton pharmacy.
10. Next meeting scheduled for Thursday, March 23rd, 12pm-1pm.