

**Student Health Advisory Committee**  
**02/18/16**

SHAC Members Present: Abyan Abdisalam, Cassidy Barber, Derran Bedward, Ryan Buckley, Char Coal, Tommy Keller (on behalf of Nicholas Goldsmith), Sky Handy, Abdi Hassan, Aisha Hassan, Ali Miller.

Boynton Staff Present: Carl Anderson, Tom Bilder, Gary Christenson, Dave Golden, Ben Hickman, Anne Hodgson, Sue Jackson, Julie Sanem.

1. Welcome and Introductions – (Abdi & Sky)
2. Review of Minutes from 2.4.16 (Abdi)
  - No changes.
3. Mental Health
  - Tommy summarizes the resolution: Critical pieces are timeframe within which BHS or SCS sees patients and follows up with patients
  - Gary shares that this resolution has been shared at multiple levels already (Senate on Student Affairs, Provost Committee on Student Mental Health). No one disagrees with the ideas, it's just a matter of how to move it forward. What is the cost? What are the next steps? How do we coordinate efforts?
  - Lots of successes on campus (decreasing stigma, increasing awareness) but this has actually decreased availability of resources. Current demands are not being met even though resources have significantly increased over the last 4 years.
  - Provost Committee is made up of 23 stakeholders in mental health on campus. They're goal is to create innovative ways to address mental health, and set an example for other campuses. Groups represented include BHS, DRC, SCS COGS, MSA, PGA, UMNPD, Dept of psychology, Dept of athletics.
  - Ryan shares concerns about eliminating a waitlist as we know that demand seems to always be growing. Should more focus be on patient care? There are sacrifices to eliminating waitlists such as follow up visits. We need to carefully craft a solution that really is the right response to address all the intricacies of treating mental health (acuity, follow up care, etc.)
  - If there are data sets that would help inform decisions, let BHS know and they will try to find it.
  - MSA 5 Point Mental Health Plan & COGS resolution will be sent out to the group again for review.
4. Absence Policy and Notes
  - Boynton recommends the Regents policy on absences should be updated to address only reoccurring absences not one time absences. We don't want students taking up a clinic visit for a one time, resolved issue simply to obtain a note.
  - Ryan proposes that students be allowed 3 absences/sick days/personal days and beyond that a note is required. That would give students some leeway to miss class without having to go to the clinic every time and would support the mental health initiative.
  - This issue will remain on Carl's agenda with Danita.
5. Student Service Fee Committee Update
  - Presented to the fees committee last week. A review of where we are financially. Texting has been underutilized and will be promoted more. Primary focus of this presentation was mental health, current finances & gopher chauffeur.
6. Survey demographics
  - Group has some recommendations to make survey demographics more inclusive.
  - They are ready to present these recommendations to the research committee.
  - BHS survey is using an expanded gender list (male, female, trans male, trans female, other) and saw a increase in the number of people who chose not to answer (9%)
  - Race & ethnicity list is more difficult and will take more time.

7. Update from Student Health Benefit Plan Advisory Committee meeting
  - Orientation occurred in January, next meeting is scheduled for February 25<sup>th</sup>. Will provide the costs of modifications to benefits. Students will be able to weigh in about this.
8. Next meeting scheduled for March 3rd, 11:30am Boynton Garden Room

**Ongoing Projects- no updates this meeting**

BHS & SCS- what to expect

Lab Safety

Oral Health on Campus

PrEP & PEP

Metro Mobility

BHS Patient Satisfaction (April 7<sup>th</sup>)