Student Health Advisory Committee Meeting

October 17, 2013

Present: Rachel Drake, Kathryn Pawley, Jamie Piepenburg, Cecilia Stevens, Tim Bell, Char Coal, Heidi Rieck, Jaclyn Theisen, Marguerite Tuthill, Peter Okwerekwu, Kevin Cunningham, and Sky Handy.

Absent: Surra Asfaw, Luqman Lawal, and Sue Jackson

Guests: Dave Golden, Ferd Schlapper, Carl Anderson, Tom Bilder, and Julie Sanem

Welcome and Intro- Rachel and Kathryn:

- The chairs welcomed the members and intros followed

Minutes:

- The minutes of the October 3 meeting were approved as submitted

Review SHAC Membership:

Representation from the following organizations need to be filled:

- Kevin Cunningham will represent IFC
- Panhellenic Council- no word yet.
- Sky Handy is representing QSCC
- At- Large positions are filled
- Surra Asfaw, RHA representative, will be contacted regarding his interest in serving on SHAC

SHAC Focus for 2013-14:

- After members contacted their constituents, they submitted their rankings. The top 3 topics to cover this academic year are:
  - Safety Issues related to lightrail
  - Formation of a peer group focusing on mental health issues
  - Bike Safety

Steps to take to address each topic

- Safety Issues related to the lightrail
  - A representative from the Metropolitan Safety Council will attend the November 7 meeting to discuss safety measures and communication campaigns that are or will be in place. It was suggested that members speak with their constituents and come prepared with a list of questions.

- Formation of a Peer Group focusing on Mental Health
- Arrange for designated space in the dorms where students can meet with the peer group
- A University Task Force has been meeting to discuss a peer advocate program and others options to widen resources an access for care
- MSA is looking into the possibility of implementing a one-credit on-line course related to mental health review for freshmen similar to the Alcohol edu course implemented for freshmen this fall.
- The Task Force will keep SHAC informed of any updates.
- Char Coal will be the SHAC representative on this task force.
- Contact other colleges to see what programs they have in place addressing this issue.
- Hope is to implement a pilot program spring semester

- Bike Safety
  - Determine what policies are in place
  - The University Police are cracking down and issuing $98.00 tickets to riders who do not follow the rules.
  - Bike safety campaign focusing on the importance of wearing a helmet and other safety measures
  - Check to see how other campuses address the bike safety issue

Updates:

- New member orientation
  - Orientation to SHAC for new members is scheduled for Thursday, October 24. New members will be sent to new members

- Saturday House
  - Carl distributed and reviewed a graph showing the usage of Saturday urgent care visits.
  - Only 1.5% of the eligible population utilize this service.
  - It is estimated that we lose about $30,000 a year by offering this service.
  - SHAC members interested in working on the fees request will be involved in further discussions regarding Saturday hours.

- Cirque De-Stress
  - Will be held Tuesday, October 22 in the Great Hall at Coffman
  - Members were asked to inform their constituents of this event and encourage them to attend.
  - In addition to the excitement of a circus there will be resources and information on balance and handling stress
  - Gary will be on Kare 11 Monday morning highlighting the event.

Other:
• Lauren brought up a concern regarding maternity/paternity leaves for grad students.
• What is the academic policy and what can students do to address this issue?
• Carl will help to identify a resource person to answer questions.

The meeting adjourned at 1:00 pm.

The next meeting will be held on Thursday, November 7.

Respectfully submitted,

Carol Uchal