

Student Health Advisory Committee Meeting

October 3, 2013

Present: Rachel Drake, Kathryn Pawley, Jamie Piepenburg, Cecilia Stevens, Tim Bell, Char Coal, Heidi Rieck, Jaclyn Theisen, Marguerite Tuthill, and Peter Okwerekwu .

Absent: Katherine Kelsey, Luqman Lawal and Bruce Mandela,

Guests: Dave Golden, Ferd Schlapper, Carl Anderson, Tom Bilder, Sue Jackson, and Julie Sanem

Welcome and Intro- Rachel and Kathryn:

- The chairs welcomed the members and intros followed

Minutes:

- The minutes of the September 19 meeting were approved as submitted

Review SHAC Membership:

Representation from the following organizations need to be filled:

- Julie Sanem has contacted IFC and Pan-Hellenic Council asking for representation – no word yet.
- BSU – Rachel Drake will send an email requesting representation.
- Cecilia is the representative for WSAC
- Susan Stubblefield is still working on appointing a representative for RHA.

SHAC Focus for 2013-14:

A list of topics was formed at the September 19. Boynton staff highlighted and reviewed each issue with a 5 minute presentation. Summaries are listed below:

Safety Issues related to the light rail – presented by Dave Golden

- With no through traffic, students are accustomed to crossing Washington without looking.
- Contact the Central Corridor to see what information is available and any plans that are in place in to prepare to the campus for the start of the light rail.

Bike Safety – presented by Dave Golden

- Biking to and around campus is up about a 1,000 bikes from last year.
- Educate riders of the importance of wearing helmets and following road rules. Implement a general bike safety campaign

Sleep and Academics – presented by Rachel Drake

- Referenced information from a presentation on this topic at the ACHA conference last spring.
- Lack of sleep can lead to an increased use of stimulants and drugs

- Lack of sleep can affect overall health and lower resistance
- Lack of sleep can affect academics – lower grades
- Possible steps to implement include:
 - Develop a public awareness campaign
 - Offer resources on learning techniques to lower stress and manage time to allow time for adequate sleep.
 - Develop a first-year seminar on healthy sleep

Reassess Saturday Hours – presented by Carl Anderson

- Reviewed the process taken to change the hours of operation.
- After five years of offering urgent care services on Saturday from 9 am to 1 pm, Boynton continues to lose approximately \$25,000 - \$30,000 a year.
- Is this still a valuable service for the students or are there other services that are more relevant to and would provide a bigger impact to more students?
- Steps to take would include analyze costs and benefits of Saturday service, conduct a survey to see if the need is still there
- Would need 1 to 2 SHAC members to frame the assessment and decide steps to evaluate and make a decision.

Pharmacy Outreach – presented by Carl Anderson

- Evaluate the need for alternative service delivery and analyze financial models for cost-effective approaches.
- Determine the best approach to improve pharmacy service to the University community.
- Would need 1 to 2 SHAC members to help frame the assessment and decide steps to evaluate and make a decision regarding possible modifications of our pharmacy service delivery model.

Seek Approval of two new Mental Health Providers - presented by Carl Anderson

- Last year only 4 of the 6 positions were approved.
- Analyze the improvement in capacity and number of students served for mental health conditions during fall semester 2013.
- Request a special off-year hearing with the fees committee to request funding for additional staff
- Need 2-4 SHAC members to work with BHS administration and staff to assist with analysis and formulation of document to be presented to the fees committee in January or February of 2014

Provide prorated student services health fee benefits to part-time students – presented by Carl Anderson

- Currently only students taking 6 degree seeking credits are assessed the student services fee.
- Determine interests and demand for services by part-time students.
- Part-time students already receive benefits associated with public health and health promotion activities covered by the fee.
- Other schools have implemented this successfully.

- Would require 1 to 2 SHAC members to help frame the assessment and decide steps to evaluate and make a decision.

Develop a Peer Education Group to discuss issues related to Mental Health – By Ferd Schlapper

- Develop a health advocate group focusing and addressing mental health issues.
- Program would be a cross with the current health advocate program.
- Implement in 2014

624-WALK – presented by Kathryn Pawley

- Escort service available to students
- Add or improve services to allow access to students with disabilities
- Determine what measures are currently in place

Unwanted Sexual Contact - presented by Kathryn Pawley

- Include specific questions in the health history template
- Develop an awareness campaign

Eating Disorders – presented by Kathryn Pawley

- Eating disorders is a rapidly growing problem
- Include a question during a routine exam
- Create a partnership with the Emily Program to address awareness

SHAC Meeting Attendance – Dave Golden

- Emphasized that consistent attendance is imperative and directly related to decision-making.
- If a conflict arises which would affect attendance, notifying Dave or the chairs is encouraged.

Discussion – What issues should SHAC address in 2013-14:

- Members were encouraged to talk with their constituents as to what they would like to see addressed
- After a discussion each member will prepare a priority list which a priority list will be developed.
- Develop work groups to work on specific issues
- Invite a central corridor representative to a meeting to address light rail safety issues and what measures are already being addressed.

The meeting adjourned at 1:10 pm

The next meeting is scheduled for Thursday, October 17

Respectfully submitted,

Carol Uchal