

## Student Health Advisory Council Meeting

March 7, 2013

Present: Katherine Kelsey, Abdirahman Hassan, Chris Luhmann, Devyn Goetsch, Tim Bell, Jamie Piepenburg, Heidi Rieck, Bruce Mandela, Kathryn Pawley, Rachel Drake, Xi Yu, Robin Arruza, Lance Udy, Pearl Ometan, and Lauren Beach.

Absent: Charlie Laikind and Luqman Lawal

Guests: Dave Golden, Ferd Schlapper, Carl Andersen, Gary Christensen, Tom Bilder, Julie Sanem, S. Jackson

Welcome and Introductions – Devyn/Rachel:

- The chairs welcomed the members and introductions followed

Minutes – Devyn/Rachel :

- The minutes of the February 21 meeting were approved as submitted

New concerns/ issues by constituents – All Members

- DSCC is hoping to hold an event featuring the film Silver Lining focusing on mental health issues. Abdirahman asked for SHAC's support in this event. No date has been set yet.
- SHAC is an advisory board and is not able to donate but can make a recommendation for funding.
- Heidi suggested that DSCC contact MSA. She also mentioned that there are numerous grants available to support student events each semester.
- Abdirahman will keep SHAC informed

Health Advocates:

- Over 2,000 students participated in the month long physical activity event. This is an increase from last year's 1200 participants.
- This month long event will be offered again next spring semester.

PCORI grant- Patient Centered Outcomes Institute – Dave/Ferd

- Reviewed the background of the PCORI grant. it's a pilot utilizing text messaging service as an alternative for care.
- A list of proposed questions related to text messaging and the grant were distributed to members for their opinion and input.
- This method of care has not be utilized in college health to date.
- If awarded, funding will cover additional staff needed for this project.
- Questions of privacy issues were asked.
- Members should contact Ferd or Dave if they had any more comments or questions
- Application needs to be submitted by March 31.

Active Minds – Chris Luhmann

- April 15 – 19 is Health and wellness week
- As part of Health & Wellness Week, Tuesday, April 16 is designated as Mental Health Awareness Day. Active Minds will be involved in activities, presentations
- Anyone interested or has questions should contact Chris

#### ASKEW Conference- Kathryn Pawley

- Distributed a detailed proposal of the spring 2013 ASKEW conference to be held April 6 and 7 at the campus club in Coffman Union. The conference focuses on sexual health, empowerment and friendship.
- Past conferences have been well received and attended.
- Kathryn Pawley made a motion to support the spring 2013 ASKEW conference. Heidi Rieck seconded. The motion passed

#### Updates:

- Fees request - Carl
  - Final discussions will be held on Saturday March 10
  - Recommendations will be published April 27
  - Final recommendations as approved by the VP for student affairs are published in the MN Daily in early May.
- Spring event
  - Event is planned for April 15 pending approval on the outdoor permit..
- Cirque De-stress - Gary
  - Event scheduled for April 3 in the Great Hall of Coffman.
  - The event will feature circus acts and therapy animals
  - Volunteers are needed to work the event
  - Contact Gary if interested in volunteering.
- Annual awards dinner - Dave
  - Members were reminded to mark their calendars for Boynton's Annual Awards Dinner scheduled for Wednesday April 24<sup>th</sup> at the Depot.
  - Invitations will be sent in early April.
- Election of officers - Dave
  - Devyn is stepping down from her co-chair position for the 2013/2014 academic year
  - Dave will send an email with information for applying for the open position. Applications need to be received by April 1
  - Voting will take place at the April 6<sup>th</sup> meeting.

The meeting adjourned at 1 pm. The next meeting is April 6<sup>th</sup>.

Respectfully submitted,

Carol Uchal