

## Student Health Advisory Council Meeting

February 7, 2013

Present: Devyn Goetsch (Co-Chair), Rachel Drake (Co-Chair), Xi Yu, Robin Arruza, Kathryn Pawley, , Pearl Ometan, Jamie Piepenburg, Tim Bell, Lauren Beach, Katherine Kelsey, Heidi Rieck, Luqman Lawal, and Lance Udy.

Special Guest: Henry Rymer (MSA)

Absent: Charles Laiikind and Bruce Mandela

Guests: Carl Anderson, Gary Christenson, Dave Golden, Ferd Schlapper, Julie Sanem, Sue Jackson, and Tom Bilder

Welcome and Introductions:

- The co-chairs welcomed the members followed by introductions

Review of the minutes:

- Minutes of the January 24 meeting were approved as submitted.

Mental Health Issues Specific to Men:

- Henry Rymer attended the meeting to ask for SHACs support in launching a campaign to focus on mental health issues specific to men and other related issues and asked for ideas, suggestions, and input in initiating a campaign to draw awareness for the need for programs and resources. It was pointed out that several resources are already in place but not specifically for men.
- His presentation included data that supported the need for education and awareness.
- Lauren Beach offered to meet with Henry to discuss the process for initiating and developing a campaign.

Staff Day Update – Dave Golden

- Received great feedback on the presentations and workshops.
- Distributed a summary of the evaluation results.
- The GLBT presentation and workshops were well attended and received.
- Dave commended Devyn and the other presenters on a job well done!
- Information and feedback received will help us move forward.

Fees Request:

- Boynton's fees request was presented to the student fees committee on February 3 at Boynton.

- Several SHAC members presented on different portions of the request. Carl thanked them for an outstanding job.
- Consensus was that the presentation went well. The Fees committee was impressed with the presentations and the scope of our services.
- Carl informed SHAC of a possible change in the Mental Health Portion which he has forwarded to the Fees Committee: With all the variables involved in filling the positions, the total cost may be lower. After we finish filling the positions and know the actual cost, we can recalculate and if there is a decrease in total cost, we could issue a credit. He has not heard back yet if they will take us up on this or not.
- Deliberations will be held next week. Dates of the public hearings will be announced and forwarded to SHAC members.

#### Tobacco Free Campus Update - Ferd:

- Health ambassadors are working on a video with all the information and will be sent to student groups to show at their meetings. It is felt that this would be a quicker way to reach all 900 students groups. Health Ambassadors will be available to attend any individual meeting if requested. The video should be completed by April 1.
- Student Athletic Advisory Board sent a letter to President Kaler in support of a tobacco free campus.
- Stakeholders meeting was held in late January.
- Ferd is meeting with a representative from the DAILY's editorial board. It is expected that the Daily's position will be stated in an editorial that could be published soon.
- It is important to continue being proactive.

#### State of the Union Address - Rachel:

- Questions to President Kaler are being accepted until the end of the address.
- Members are encouraged to submit questions regarding the tobacco free campus. They should also encourage their constituents to do the same.

#### Balance and Cirque De-Stress Event – Gary:

- An all day event with a focus of balance in life will take place on April 3 in the Great Hall of Coffman Union.
- Student groups and departments are supporting this effort.
- Members should contact Gary if they or their constituent group are interested in getting involved.
- Gary will contact the Aurora Center to see if they would be interested.

#### Bike Festival - Rachel:

- Stress the importance of wearing a bike helmet and promote helmet wearing

- BHS student groups are looking into the possibility of holding a spring event. Bike safety could be part of this overall.

Membership:

- CHIP position is still open. As a member of COGS, Lance will look into this.

The meeting adjourned at 1:00 pm.

The next meeting is scheduled for Thursday, February 21.

Respectfully submitted,

Carol Uchal