

**Student Health Advisory Committee**  
**10/15/15**

SHAC Members Present: Sonia Berdahl, Char Coal, Nicholas Goldsmith, Sky Handy, Abdi Hassan, Aisha Hassan, Brooke Leaf, Maddie Phelps, Sai Wang, Kayla Hanzsek-Brill

Boynnton Staff Present: Tom Bilder, Dave Golden, Ben Hickman, Julie Sanem

Guests: Joelle Stangler

1. Welcome and Introductions – (Abdi & Sky)
2. Review of Minutes from 10.01.15 (Abdi & Sky)
  - One change: Boynnton received 6000 absence note requests in 2014-2015.
3. 5 Point Mental Health Plan (MSA Representative)
  - Joelle provided information about MSA's Mental Health Plan:
    - Many groups and departments on campus are focusing on mental health, which is great but can also be confusing. MSA's 5-Point Mental Health Plan is intended to guide MSA's mental health work for the year.
    - Students feel that mental health is a necessity not a service, which is one reason that MSA is interested in shifting the funding away from Fees.
    - Knowing that the Students Services Fee does not have much room to increase, MSA is interested in looking at a different funding structure.
    - MSA's Mental Health Committee has been formed. Co-chairs meet every other week but the committee does not have set meeting times.
    - The SERU has one module that can be manipulated. This module has focused on student development outcomes in the past but can be used for other topics moving forward. This module could potentially include questions about student health and wellness.
    - The University Senate is currently reviewing the legitimate absence policy. MSA would like to add mental health explicitly and bereavement to the list of legitimate absences. Many faculty are accommodating but some are not. MSA would like an appropriate minimum to be set.
  - SHAC provided feedback on MSA's Plan:
    - Students comprise the Student Services Fee Committee so when a SSF request is made, students are voting on it not staff.
    - Boynnton currently gets very little funding from the University, which allows a certain level of autonomy in decision making.
    - For Focus on Prevention, could MSA focus on promoting Stress Check Ins during the fall semester and then plan a mental health screening for spring 2016.
    - University of Michigan might have some good questions to include in the SERU.
    - Focus on mental health should be broader and not just on depression.
    - Students might not know how to access mental health resources at the University.
    - It might be important to stress that mental health services are confidential.
    - Joelle is doing a great job as MSA President.
4. U-Pass, Metro Mobility & Paratransit
  - A meeting is being scheduled with Metro Mobility to learn more about the services they provide.
5. Food insecurities
  - A grant is available through Healthy Foods Healthy Lives that might allow an intervention to make food more accessible for students that need it. However, we need to know more about food insecurity before thinking about an intervention.
  - Just under 20% of U students are saying they experience food insecurities.
  - Boynnton's Director of Research is going to look more into the data to try to better understand what it means (e.g., what students experience food insecurity

6. Oral health on campus
  - Sue Jackson will provide the update at the next meeting.
  - About 80% of University students received oral health care in the past 12 months.
7. PrEP & PEP
  - Gary Christenson will provide the update at the next meeting.
  - Dave and Julie are working on information to put on the Boynton website.
8. Flu vaccine update
  - The vaccine distributor was not able to fill Boynton's order so another type of flu vaccine was acquired to meet the demand for this flu season.
  - There is a shortage on Flu Mist nationally.
9. Health Status on Campus- Survey Data
  - The University's 2015 College Student Health Survey Report will be released in November.
  - The information could be presented to SHAC but it will take up a whole SHAC meeting.
  - SHAC would like this presentation so Dave will schedule it.
  - According to the data, the University is seeing an increase in reporting of sexual assault. The prevalence of sexual assault has remained pretty stable.
10. New SHAC member orientation- October 22<sup>nd</sup>, 12:30pm-1:30pm Roen Room
  - Note that this meeting is an hour later and in a different room than the normal SHAC meeting.

Additional topics

- It seems like there is more of a police presence at the LRT stations. Some students feel harassed or uncomfortable because of this.
- There are kits in the Boynton Pharmacy that allow you to neutralize and dispose of old medications properly. We could make those available in residence halls.
- The next meeting is November 5.

11. Adjourn

**Ongoing Projects- no updates this meeting**

Survey Demographics

Light rail safety

Vaccine Initiative

Tobacco Free Campus- survey results

Lab Safety